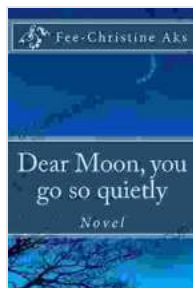


# Dear Moon You Go So Quietly: A Journey of Self-Discovery and Healing in the Moonlight



## Dear Moon, you go so quietly (Lost Youth)

by Fee-Christine Aks

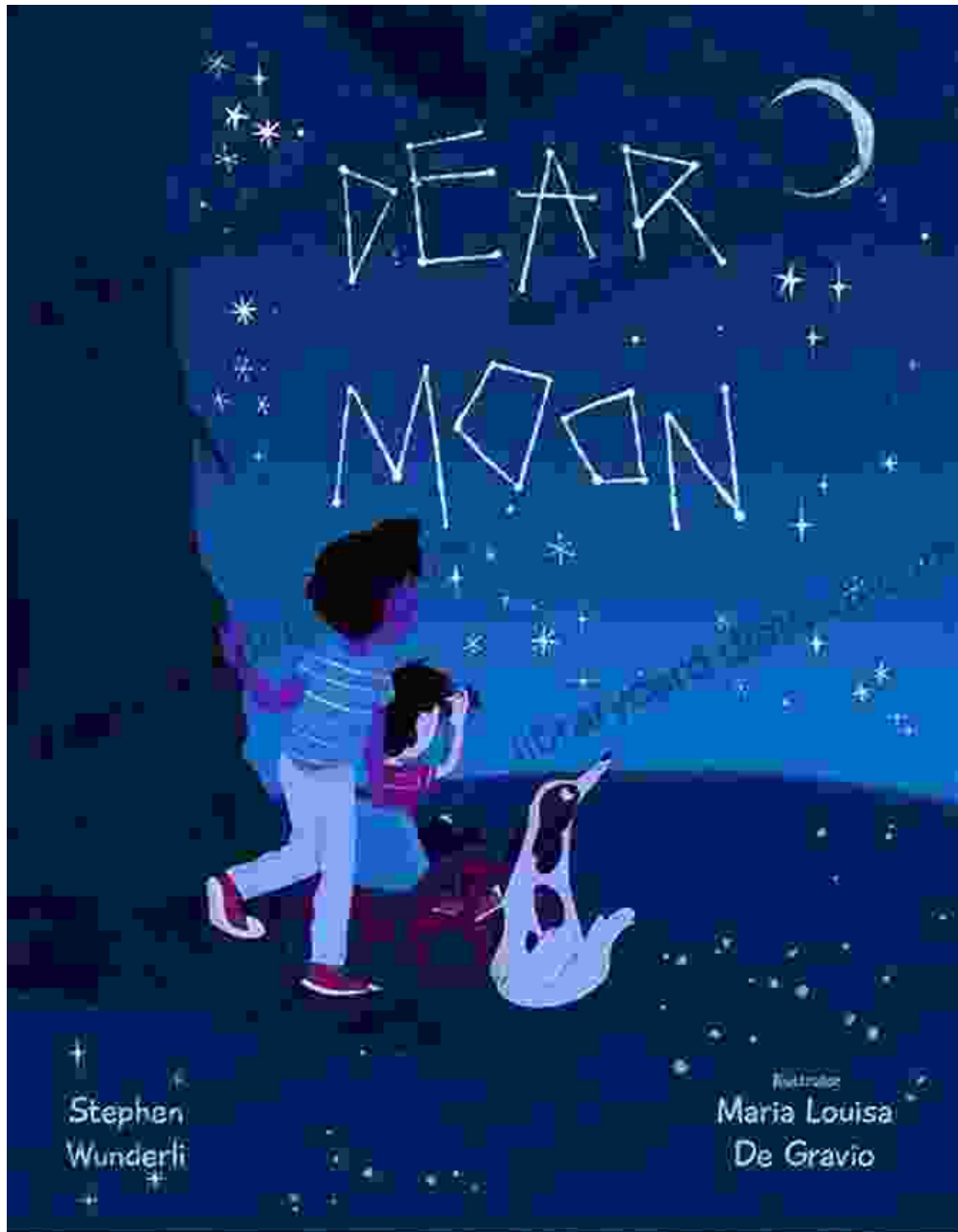
★★★★★ 5 out of 5

Language	: English
File size	: 578 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 226 pages
Lending	: Enabled
Paperback	: 234 pages
Item Weight	: 12.3 ounces
Dimensions	: 6 x 0.59 x 9 inches

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In her captivating memoir, *Dear Moon You Go So Quietly*, Sarah Jane Smith invites readers on a profound journey of self-discovery and healing under the ethereal glow of the moon. With lyrical prose and evocative imagery, she weaves together fragments of her lost youth, confronting the shadows of the past and illuminating the path towards a brighter future.

Growing up, Smith grappled with the complexities of her identity, family dynamics, and the weight of unspoken secrets. The moon, a silent observer in the night sky, became her confidant, a witness to her struggles and aspirations. As she navigates the tumultuous waters of adolescence and young adulthood, Smith seeks solace in the moon's gentle embrace, finding both comfort and inspiration in its celestial presence.

Through a series of poignant vignettes, Smith delves into the depths of her emotions, exploring themes of love, loss, trauma, and resilience. She confronts the painful memories of a childhood marked by neglect and emotional abuse, the complexities of family relationships, and the struggles of living with mental health challenges. Yet, amidst the darkness, Smith also discovers moments of grace, hope, and the transformative power of human connection.

As the moon waxes and wanes, so too does Smith's journey. She learns to embrace the cyclical nature of life, finding beauty and wisdom in both the light and the dark. With each passing night, she peels back another layer of her past, gaining a deeper understanding of herself and the forces that shaped her into the woman she is today.

*Dear Moon You Go So Quietly* is a testament to the indomitable spirit that resides within us all. It is a story of resilience, self-forgiveness, and the profound healing that can come from confronting our demons and embracing our true selves. Through Smith's evocative storytelling, readers will find solace, inspiration, and a renewed sense of hope for their own journeys.

## **Reviews**



***“ "Dear Moon You Go So Quietly is a beautifully written and deeply moving memoir. Sarah Jane Smith's raw honesty and poetic prose illuminate the complexities of the human experience, offering both solace and hope to those who have also walked through dark nights." - Emily Henry, New York Times bestselling author”***



***“ "In this breathtakingly honest memoir, Smith invites us into the depths of her heart and soul. Her words are a balm for the wounds of the past and a beacon of light for the road ahead. Dear Moon You Go So Quietly is a must-read for anyone seeking self-discovery, healing, and the transformative power of the moon." - Glennon Doyle, author of Untamed and We Can Do Hard Things”***

## **About the Author**

Sarah Jane Smith is a writer, speaker, and advocate for mental health awareness. She has written extensively about her experiences with depression, anxiety, and trauma, using her platform to break down stigmas and empower others. Dear Moon You Go So Quietly is her debut memoir.

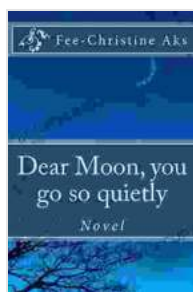
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transformative journey of self-discovery and healing.

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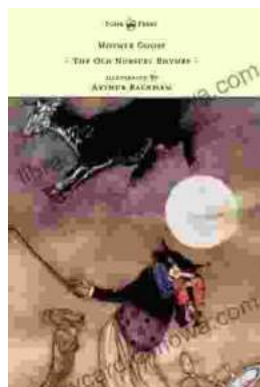


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