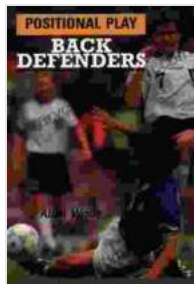


# Master Defensive Positioning with 'Positional Play Back Defenders'



## Positional Play: Back Defenders (Soccer Positional Play Book 1) by Ann Guerra

★★★★★ 5 out of 5

Language	: English
File size	: 1599 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 109 pages
Lending	: Enabled
Paperback	: 124 pages
Item Weight	: 8.5 ounces
Dimensions	: 6 x 0.31 x 9 inches



Are you tired of your team conceding easy goals? Do you wish you could organize your defense to be impenetrable and take the sting out of your opponents' attacks?

If so, then you need to learn the art of positional play.

'Positional Play Back Defenders' is the ultimate guide to defensive positioning in soccer. This comprehensive book teaches you everything you need to know to organize your defense and shut down your opponents.

## What You Will Learn

- The principles of positional play
- How to position yourself in different defensive situations
- How to communicate with your teammates to create a solid defensive unit
- How to read the game and anticipate your opponents' attacks
- And much more!

### **Who Is This Book For?**

'Positional Play Back Defenders' is perfect for any soccer player who wants to improve their defensive skills. Whether you're a beginner or a seasoned veteran, this book will help you take your game to the next level.

This book is especially beneficial for:

- Center backs
- Full backs
- Defensive midfielders
- Coaches and aspiring coaches

### **Benefits of Positional Play**

There are many benefits to learning positional play, including:

- Reduced number of goals conceded
- Increased ball possession
- Improved team shape and organization

- Increased confidence and composure on the pitch
- Greater understanding of the game
- Improved communication and teamwork

## **Why 'Positional Play Back Defenders'?**

There are many books on the market that claim to teach you about positional play, but 'Positional Play Back Defenders' is the only one that focuses specifically on the needs of back defenders.

This book is written by a former professional soccer player and coach with years of experience in teaching the art of defensive positioning.

In 'Positional Play Back Defenders', you will learn everything you need to know to become a more effective and complete defender.

## **Free Download Your Copy Today**

Don't wait another day to improve your defensive skills. Free Download your copy of 'Positional Play Back Defenders' today and start learning the secrets of positional play.

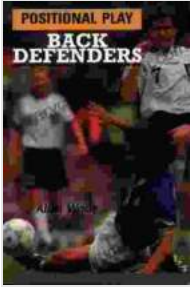
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