### Seeing Mathematics in Everyday Life and Appreciating It More Too

Mathematics is often seen as a difficult and abstract subject, but it is actually all around us. From the moment we wake up in the morning, we use mathematics to make decisions about what to wear, what to eat, and how to get to work or school. Throughout the day, we use mathematics to calculate distances, measure ingredients, and manage our finances. And when we go to bed at night, we use mathematics to set our alarms and calculate how much sleep we need.



## Living Math: Seeing mathematics in every day life (and appreciating it more too). by D. James Benton

★ ★ ★ ★ 4.7 out of 5 Language : English File size : 7385 KB : Enabled Text-to-Speech Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 129 pages Lending : Enabled



In this book, we will explore the many ways that mathematics is used in everyday life. We will see how mathematics can be used to solve problems, make decisions, and create beauty. We will also learn how to appreciate the mathematics that is all around us.

#### **Chapter 1: Mathematics in the Home**

The home is a place where we use mathematics all the time, even if we don't realize it. From the moment we wake up in the morning, we use mathematics to make decisions about what to wear, what to eat, and how to get to work or school.

For example, when we get dressed, we use mathematics to decide which clothes to wear based on the weather and the occasion. We also use mathematics to measure ingredients when we cook and to calculate how much food we need to feed our family.

And when we go to bed at night, we use mathematics to set our alarms and calculate how much sleep we need.

#### **Chapter 2: Mathematics in the Workplace**

Mathematics is also used extensively in the workplace. From the moment we arrive at work, we use mathematics to calculate our commute time and to plan our day.

Throughout the day, we use mathematics to solve problems, make decisions, and create presentations. We also use mathematics to manage our finances and to track our progress.

And when we leave work at the end of the day, we use mathematics to calculate our travel time and to plan our evening activities.

#### **Chapter 3: Mathematics in the Community**

Mathematics is also used in many ways in the community. For example, we use mathematics to calculate distances when we drive or walk. We also

use mathematics to measure ingredients when we cook for a community event.

And when we go to the doctor, we use mathematics to track our health and to make decisions about our treatment.

#### **Chapter 4: Mathematics in the Arts**

Mathematics is also used in the arts. For example, musicians use mathematics to compose music and to create harmonies. Artists use mathematics to create perspective and to design their work.

And dancers use mathematics to create choreography and to move their bodies in time to music.

#### **Chapter 5: Mathematics in Nature**

Mathematics is also found in nature. For example, we see mathematics in the patterns of leaves and flowers. We also see mathematics in the spirals of seashells and the flight patterns of birds.

And we see mathematics in the weather and in the stars.

Mathematics is all around us. It is used in every aspect of our lives, from the moment we wake up in the morning to the moment we go to bed at night.

This book has explored the many ways that mathematics is used in everyday life. We have seen how mathematics can be used to solve problems, make decisions, and create beauty. We have also learned how to appreciate the mathematics that is all around us.

I hope that this book has helped you to see the mathematics in everyday life and to appreciate it more too.

#### **Call to Action**

If you are interested in learning more about mathematics, I encourage you to read this book. It is a great resource for anyone who wants to learn more about the subject.

You can also find more information about mathematics on the following websites:

\* [The Mathematical Association of America](https://www.maa.org/) \* [The National Council of Teachers of Mathematics](https://www.nctm.org/) \* [The American Mathematical Society](https://www.ams.org/)

I hope that you have enjoyed this book and that you will continue to explore the world of mathematics.



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